



ACTIVE PEACEBUILDING TRAINING PROGRAM 2010 - 2011

**Don't just read the news –
make the news!**

Learn how to be an effective social activist
and help to shape the future!

What do YOU want to see change?

A CULTURE OF PEACE?

ACTION FOR GREEN ENERGY?

HOUSING FOR ALL?

Get the bigger picture.

Hot organizing tips!

YOU WILL LEARN:

- How to work with others more effectively, through improved communication
- How to develop a nonviolent action campaign
- Skills for speaking out, engaging allies, and using new technologies
- Apply YOUR creativity to making change happen.

***'Never doubt that a small group of
thoughtful committed citizens can
change the world. Indeed it's the only
thing that ever has'***

-Margaret Mead:

COMMUNICATION IN ACTION

Developing effective strategies for
interpersonal and group
communication

- Exploring your style
- Active listening
- Raising concerns
- Resolving conflicts
- Facilitating group meetings

TRAINER: Lyn Adamson

Fall Series: Thursdays

Oct 21 – Nov 25 6:30 – 9:30

NONVIOLENCE IN ACTION

Finding our inspiration in the strength
and Successes of Applied Nonviolence

- Spirit of nonviolence in our lives
- Challenges to nonviolence
- Tools for nonviolent action
- Power of nonviolence:
success stories
- Strategies for campaign building –
case studies

TRAINER: Lyn Adamson

Fall Series:

Mondays/Wednesdays

October 4 – Nov 1

(no class Oct. 11, Oct 18)

Winter Series:

Thursdays 6:30-9:30pm

January 21 – February 25

Location of Training:

Friends House, 60 Lowther Ave.

2 bl. n of Bloor (1 bl east of St. George)

St. George TTC (Bedford exit)

ACTIVISM IN ACTION

Developing the practical skills for
effective activism

- Self care
- Human rights framework
- Using the media
- Gaining support for your cause
- Speaking and writing
- Using technology

**TRAINERS: Lyn Adamson, Angela
Bischoff, and guests**

Winter 2011

Thursdays 6:30-9:30pm

Series One:

March 17 – April 22

Series Two: April 29 – June 2

Limit of 12 participants per workshop

**MAKE YOUR VOICE COUNT!
REGISTER TODAY!**

For more info contact

Lyn Adamson

416-731-6605/416-596-7328

OR peaceworks@primus.ca

www.web.net/~tmm/

FEES:

\$180 per six session series

\$160 EARLY REGISTRATION

(10 days in advance)

A \$25 deposit will save your spot (*If cost
is a barrier please inquire about a
subsidy*)

REGISTER BY MAIL:

Make deposit cheque payable to "Toronto
Monthly Meeting" (memo: peaceworks)

60 Lowther Ave. Toronto M5R 1C7

RESOURCE LIBRARY

Books and videos will be available for loan to workshop participants,

HAVE WORKSHOPS WILL TRAVEL

We will design workshops in nonviolence, communication and conflict resolution for your community or organization. Contact Lyn Adamson at peaceworks@primus.ca

COORDINATOR

Lyn Adamson, Coordinator of Peaceworks, is an experienced trainer in conflict resolution and peace-building. Lyn has co-organized many non-profit and cooperative initiatives, and is active for the causes of peace, ecology, and human rights. Lyn is a Quaker, a mother of two, and an avid cyclist. She is a member of the board of Greenspiration, Voice of Women for Peace, the Department of Peace Initiative and Nonviolent Peaceforce Canada.

Your support is welcome

Donations in support of the PeaceWorks program

may be sent to:

TORONTO MONTHLY MEETING

60 LOWTHER AVE

TORONTO

M5R 1C7

*earmarked for Peace Works or
Released Friend Lyn Adamson*

*Your donation will help to support program
development and fund subsidized spaces.*

WHY IS FRIENDS HOUSE HOSTING THIS TRAINING?

For more than 350 years Quakers (Friends) have opposed war. ***“We utterly deny all outward wars and strife and fightings with outward weapons, for any end, or under any pretence whatsoever”*** (Peace Testimony, 1660) Friends believe that more can be accomplished by appealing to the capacity for love and goodness in ourselves and in others, than can be accomplished by threats of punishment or by retaliation. We must turn instead to nonviolent strategies to influence those with whom we are in conflict.

SPECIAL EVENTS

Will take place to mark the following:
September 21, International Day of Peace
October 2nd Gandhi's Birthday,
December 10
International Human Rights Day
January 15
Martin Luther King Day
March 8
International Women's Day
May 8 Mother's Day for Peace
May 24 International Women's
Disarmament Day
*For information on upcoming events and
actions subscribe to Peace Corner News,
an e-bulletin, at peaceworks@primus.ca*

PARTNER ORGANIZATIONS

Canadian Voice of Women
For Peace, Greenspiration and
Nonviolent Peaceforce Canada
(Vowpeace.org, greenspiration.org
npcanada.org)



PeaceWorks

ACTIVE PEACEBUILDING TRAINING SERIES

September 2010
to April 2011

COMMUNICATION
NONVIOLENCE
SKILLS FOR SOCIAL
CHANGE

***‘Peace is not merely a distant
goal that we seek but a means by
which we arrive at that goal.***

Martin Luther King